

TWELFTH SUNDAY IN ORDINARY TIME | June 20, 2021

The Saint Mark **Evangelist** a mirror of our life in Christ



THE CHURCH OF SAINT MARK | www.onestrongfamily.org

ANNOUNCEMENTS

He's been a guest here at *The Evangelist* several times and we're always thrilled when he stops by . . . you know him, you love him . . . ladies and gentlemen, please give a warm welcome to Mr. Rembrandt Harmenszoon van Rijn (d. 1669). This particular Rembrandt, *The Storm on the Sea of Galilee*, is famous even by Rembrandt standards for a couple of really respectable Rembrandty reasons. First, this is the Dutch Master's only seascape, which is impressive when you consider how totally underwater much of the Netherlands is supposed to be. Second, this painting is famous because no one knows where the heck the darn thing is. It was boosted from the Isabella Stewart Gardner Museum in Boston back in 1990, and it's been missing since. Now, our editor's unabashed enthusiasm for Rembrandt and overall shifty demeanor are pretty well known, so it probably is worth noting that he has the airtight alibi of having never been to Boston and having not yet been born on the night of the heist.

WANT TO RUN AN ANNOUNCEMENT in the *The Evangelist* (which, unlike priceless works of art, you can totally just take and no one will mind) or on the parish website? Send in your content submissions, corrections, questions, and earnest pleas to cut it out with the constant silliness, already, to Nick at submissions@onestrongfamily.org.

THE CATHOLIC ADVOCACY NETWORK, the legislative arm of the Minnesota Catholic Conference, offers a number of resources that help busy Catholics stay involved in important local and national political discussions. Learn more by visiting mncatholic.org/actioncenter.

AFTER TWO YEARS of preparation in the Archdiocese of St. Paul and Minneapolis, Archbishop Bernard Hebda officially convoked a local, yearlong Synod on May 22. Stay tuned for more info about how our Parish plays a role in this important event. In the meantime, you can always learn more about the history and goals of the synod by visiting the Archdiocesan website: archspm.org/synod.

SACRÉCORE FITNESS CLASS for mothers and their children meets regularly on Tuesdays at 9:15 AM. Class is held either in the gym or outside, depending on weather. No cost; free-will offering appreciated. Learn more and sign up at stmark.xyz/sacrecore.

UPCOMING EVENTS

SUN 20 JUNE	<i>Farewell Reception for Frs. Yamato & Cesar Following 11 AM Mass</i> Save the date: join us for a farewell reception honoring Father Yamato and Father Cesar, who will depart soon for a new assignment in Mitchell, South Dakota.
MON 21 JUNE	<i>Nathan Cicero's Birthday</i> Where once stood a spry young music director, a glint in his eye, brimming with potential, now we see a weathered, wiser man, hardened by years and years of trying to work in bVI maj7 chords and Neapolitan Subdominants into the Mass and struggling to get priests to start and end the <i>Gloria</i> in the same key. Like sands through the hourglass, so are the days of his life . . .
TUES 22 JUNE	<i>Loaves & Fishes Catholic Charities, St. Paul Evening, Depending on Shift</i> St. Mark's sends a team of volunteers to Catholic Charities' Higher Ground Center in St. Paul to prepare and serve dinner every 4th Tuesday. Learn more at onestrongfamily.org/humandignity
THURS 24 JUNE	<i>Parish Holy Hour 7:00 PM Church</i> Join us every Thursday at 7:00 PM in the church of a parish-wide Holy Hour. Grow in love for our Lord, truly present in the Eucharist. Confessions are heard during Adoration.

Please visit www.onestrongfamily.org/events to see the full upcoming calendar.



From the Heart of the Shepherd

Fr. Humberto Palomino, PES, Pastor

The Antidote to Fear



OUR GOSPEL TODAY is one of the most familiar in all of Scripture. It is depicted in famous art, such as the classic painting by Rembrandt, and cited as a favorite passage by many. That's because the subject is so universal, so relatable.

The Apostle Mark describes the scene. After a long day, Jesus and his disciples are crossing the sea in a small boat, at dusk, when a violent storm overtakes them. The disciples are frantic as they try to gain control of the boat. They are terrified, while incredibly, Jesus is asleep on a cushion. Finally, afraid for their lives, the disciples wake the Lord and he quickly calms the storm with the simple words, "Quiet! Be still!" For us, the fear of the disciples seems reasonable, but Jesus sees things differently. He wants them to be free of their fear, saying, "Do you not yet have faith?"

THE SOURCE OF FEAR

We all have experienced fear in one form or another. Some will tell us that our fear comes from stress or worry over the circumstances of our lives. That's true, but what is the root cause of our fear? Why does Jesus seem to imply that it is so contradictory to the life of faith? Especially in the spiritual life, fear raises its head when we focus too much on ourselves and not enough on God's grace and strength. How did the martyrs go to their death with such confidence and even joy? It was because they didn't look at themselves. They focused on God's promises. They focused on his strength and goodness, and they really believed, even when losing their lives, in the power of the Resurrection.

St. John Paul II reminded us of Jesus' command to "Be not afraid!" It has been said that this is the most repeated phrase in all of Scripture—in fact, that there are 365 "Be not afraid's" in the Bible, one for every day of the year! Jesus reminds his disciples, "Even all the hairs on

your head are counted." [Mt 10: 30] The martyrs believed this truth as they were being killed and there was peace in their hearts. It was their confidence in God that often converted their executioners!

THE IMPACT OF FEAR

Fear robs us of our peace of heart, but it also paralyzes us. Think of the sensation of waking up from a really bad dream, maybe unable to speak or move. Fear stops us cold, and keeps us from moving forward. It makes us think that we had better protect ourselves, so we end up risking less, loving less, and glorifying God less. In light of this understanding, we can see that there is a lot of wisdom in the phrase, "There is nothing to fear but fear itself." Fear is the real enemy, not the difficult or uncomfortable circumstances we face.

As a priest, I am blessed to be the spiritual father to many. God allows me to walk with them in their spiritual lives, and so I think I've learned something about what fear can do to a soul. What I see is that there are young men God is calling to give everything as his priest, who don't respond because of fear. I see young women called to offer themselves in consecrated life, for the good of others. These consecrated souls are desperately needed in our world today, but some don't respond because of fear. And there are others God is calling to be his disciples in the world. The Lord wants to use them to bring his light to those who are suffering without him. But too often, fear stops them from fulfilling the mission God has given them.

I can tell you, my brothers and sisters, that fear is the devil's favorite weapon. He loves to replace "I am always with you" with "it's too much for me." As long as the Evil One has us focused on ourselves, he has us wrapped in fear—paralyzed. It is only through the humility of taking our eyes off of ourselves and placing them firmly on God that we can overcome fear in our lives once and for all. *Our Lady of Confidence, Pray for Us!*

ONE STRONG FAMILY UNITED IN CHRIST

Happy Fathers Day



ON BEHALF of the clergy and staff of St. Mark's, we would like to thank all fathers, biological and spiritual, for the important work they do. May your puns be cool and your grill hot, and may your lawn be the envy of all. In a particular way this year we entrust these men to the care of St. Joseph, the model for all fathers.

CCW Plant Sale: Thank You

Thank you to all who participated in last month's CCW Plant Sale. Over \$600 was earned and donated to Abria and Cradle of Hope, two local pregnancy resource centers. May the beauty of your plants remind you of God's awesome love for you.

Farewell Reception (June 20)



FR. YAMATO AND FR. CESAR will depart soon for a new assignment serving the Diocese of Sioux Falls in Mitchell, South Dakota. Before they depart, join us for a farewell reception honoring Father Yamato and Father Cesar, which will be held in the gym on June 20, immediately following the 11 AM Sunday Mass.

This is a great chance to thank these men for their service to our Parish Family. It's also a good an opportunity as any to try out all those jokes about the Corn Palace that you've been working on. It's *also* a good opportunity to wish them both a happy birthday, because (fun fact!) they were both born on June 20. And, it's *also* a good opportunity to wish them a happy Father's Day.

Houses Near St. Mark's

OUR PARISH isn't just a place we "go to church." It's the center of our sacramental and social lives. It's no wonder, then, that as our parish continues to grow, many have expressed interest in living nearer to St. Mark's. We want to do what we can to help. To this end, St. Mark's has begun collecting names and contact info for those interested in buying or selling a house near St. Mark's. These lists will help us match prospective sellers with prospective buyers.

Visit onestrongfamily.org/house to learn more about this new initiative. Those who wish to buy a house near St. Mark's can add their contact info to our directory. Those wishing to sell a house can request a copy of our most current list of buyers. Questions and suggestions can go to webmaster@onestrongfamily.org.



Spend the Summer with Saint Mark's Young Adults!

Think and Drink Discussion Nights

Alternating Wednesdays 7:00-8:30 pm
June 16 and 30
July 14 and 28
August 11 and 25

Meet in the Rectory Garden* (rain location: Carolyn Hall)

Drop in to one (or all!) of our Think and Drink discussion nights for conversation and fellowship! Each session will have a short recommended reading or podcast episode to help guide our conversation.

Check out our Facebook page (scan the QR code below), join our email list, or pick up a flyer for the current month's programming!

*BYOB&LC (bring your own beer and lawn chair!)

Sunday Social Events



June 13
Hike at Battle Creek Park | 2:00 - 4:00pm

July
Service Project | TBD

August
SMYA Cookout | TBD



Details for each event will be available in the monthly email!

Scan the QR code to like us on Facebook!
Questions? Want to join the email list? Email us at youngadults@onestrongfamily.org



MASS AND PRAYER INTENTIONS

Mass Intentions (June 21 - June 28)

7 AM

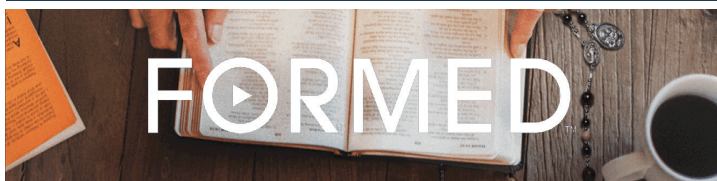
M: [no Mass]
 T: Thomas Shlangen
 W: +Jake Navin
 Tr: +John Wheeler
 F: +Mary Wheeler
 S: Nate & Justine Anderson

10 AM

+Dorothy McGuire
 +Marcia Dalsky
 +Deceased Members of the Borer Family
 +Steve & Kitty Gleason
 Holy Souls in Purgatory

Know someone in need of prayers? Email your request to prayers@onestrongfamily.org and we'll be sure to pray for you!

FORMATION OPPORTUNITIES



EVERY MEMBER of our St. Mark's community can enjoy a free subscription to formed.org, the incredible online gateway to the best Catholic content, all in one place! With FORMED, you can:

- Prepare for Sunday Mass by watching an insightful five-minute video by renowned Catholic teachers.
- Enjoy a movie with your family that is both nourishing and entertaining.
- Find great e-books and audio books, both fiction and nonfiction.
- Listen to talks from all your favorites, like Dr. Edward Sri, Bishop Robert Barron, Teresa Tomeo, and more.
- Help your children grow in character and embrace the beauty and wonder of our faith.

Sign up for FREE at formed.org using our parish code: XPDYVT



Interested in becoming Catholic or learning about the Catholic faith? RCIA provides an opportunity for adults who are not baptized, baptized in another faith, or Catholics seeking to receive Eucharist or Confirmation to learn about Jesus Christ, His teachings, and the beliefs, traditions, and history of the Catholic faith. *Contact rcia@onestrongfamily.org.*

ADORATION AT ST MARK'S

Adoration of the Blessed Sacrament takes place in the St. Mary Chapel from Mon. 10:30 AM to Thurs. at 10 PM. and on Friday, 6 AM to 10 PM

The blessed sacrament is reposed during Daily Mass. Please consider committing to one hour a week with the Blessed Sacrament. To view our current open hours, or to sign up, visit stmark.weadorehim.com. Use activation code: Jesus

OUR ADORATION CHAPEL has several hours with only one adorer scheduled, and is in particular need of adorers to keep our Lord company through the night. To view open hours, or to sign up, visit our website, onestrongfamily.org/adoration.

Parish Finance Update:

LAST WEEK'S COLLECTION (JUNE 13, 2021)

Electronic Giving: \$6,851.96

Plate Offering: \$2,303.99

Total Collection: \$9,155.95

Offering To-Date: \$718,589.33

Weekly giving figures do not include capital campaign donations or payments for ministry events. Our to-date offering and year-to-date budget are calculated from the beginning of our fiscal year, July 1, 2020.

Financial transparency is important to us. Questions about and suggestions for parish finances and stewardship are always welcome. Email them to ourfuture@onestrongfamily.org.

MINISTRIES, LITURGIES, & EVENTS

Upcoming Ministry Events:



HOLY HOUR

CONSOLING HIS SACRED HEART

CONFESSION AVAILABLE

TIME: 7pm
PLACE: Church of St. Mark
- 1991 Dayton Ave St. Paul -
Thursdays beginning Sept 5th
Hosted by the Catholic Advance Movement

CATHOLIC *Advance*
A Grand Family
in the Service of Christ



Volunteer at Family Services Center

CATHOLIC CHARITIES provides programming for the Family Service Center of Ramsey county. Located in Maplewood, the center provides temporary shelter for families in crisis. St. Mark's sends volunteers to the Family Service Center on the 1st Wednesday and 3rd Thursday of each month to prepare and serve a meal.

Our next outing is Wed., July 7. We're always on the lookout for some generous souls to help us continue this ministry. No special skills needed--just a willingness to be Christ to others! To learn more and sign up, and to learn more about similar volunteer opportunities, visit our website: onestrongfamily.org/humandignity.

The Church of St. Mark
Our mission is to live and share
Christ's call to holiness.

Learn more: onestrongfamily.org/mission

The Cana Experience

Do you sometimes wonder about who you are as a woman, wife, and mother? Do you desire strong friendships with other moms just like you? If so, you are not alone! When you enter into The Cana Experience, you will more deeply know who you are in the light of your faith and be equipped with practical tools that can be applied right away in your marriage and with your children.

Come to Donut Sunday after both Masses on June 27 to learn more about joining the Cana Mothers of Young Children group that is starting this fall at St. Mark's! Or contact Rachel Truso at racheltruso@gmail.com for more information.

Parish Festival Committee



PLANNING HAS BEGUN for the 2021 St. Mark's Parish Festival. If you like 1) St. Mark's and 2) a good party, then consider joining the festival committee. In addition to being a cool person, the ideal candidate can commit to help plan and/or run a one day festival in late September or early October festival. Anyone interested can reach out to joseph.g.beatty@live.com.

ST. MARK'S PRESCHOOL



ST. MARK'S PRESCHOOL offers full-day and half-day programs, up to five days a week. Our Summer program is now full and enrollment for the 2021-22 school year is filling up fast, so schedule your tour today! To learn more about Preschool at St. Marks visit our website, onestrongfamily.org/preschool or contact Gayane Manukyan, our Preschool Director: by phone at 651-644-5030, or by email at preschool@onestrongfamily.org.

STAFF

Clergy:

Fr. Humberto Palomino, PES..... Pastor
frhumberto@onestrongfamily.org

Fr. Yamato Icochea, PES..... Associate Pastor
fryamato@onestrongfamily.org

Fr. Cesar Valencia, PES..... Associate Pastor
frcesar@onestrongfamily.org

Parish Staff:

Joe Hermerding..... Parish Business Manager
Nathan Cicero..... Music Director
Tamara Titsworth..... Pastoral Care Director
Sr Leann Luecke, PES..... Faith Formation and Youth Ministry
Sr Lynn Luecke, PES..... Faith Formation, Youth Ministry
Fr. David Hottinger, PES..... MC; Ministries Coordinator
Fr. Joe Barron, PES..... Baptism Coordinator, Youth Ministry
Patricia Hartshorn..... Volunteer Liturgy Coordinator
Alison Kaardal..... Volunteer Director of Mission
Jill Parry Schmidt..... Administrative Assistant
Nick Check..... Communications Director;
A totally-legitimate, completely above-the-board skydiving
instructor, in case anyone asks.

Parish Contact

2001 Dayton Ave, St. Paul, MN 55104
Phone (651) 645-5717
Fax (651) 644-0011
parishcenter@onestrongfamily.org

Parish Center Hours

Monday - Thursday: 9:00 AM - 3:00 PM
Friday: 9 AM - 12 PM (Noon)

Parish Trustees: Kip Chaffee, Andrew Nowak

Parish Pastoral Council: Alison Kaardal, Chair

Parish Finance Committee: Jim Wilgenbusch, Chair

Saint Mark's Catholic Preschool

Gayane Manukyan, Director
651-644-5030
preschool@onestrongfamily.org

CONNECT



/ChurchofSaintMark



@churchofsaintmark

CELEBRATIONS

Mass:

Saturday Evening Mass: 5 PM
Sunday Mass: 9 AM and 11 AM

Daily Mass:

Monday: 10 AM; Tuesday-Friday: 7 AM, 10 AM
Saturday: 8 AM

Confession:

Tuesday-Friday 9:30 AM; Saturday: 3:30-4:30 PM; Sunday: 8:30-9 AM, 10:30-11 AM

Rosary: The Rosary is said after all daily Masses.

SACRAMENTS

Detailed information about Sacraments and Sacramental preparation can be found at onestrongfamily.org/sacraments or by contacting the Parish Center.

BAPTISMS are celebrated on the 3rd Saturday of every month at 10 AM (exceptions for holidays or major parish events). You must register for Baptism at least one month before your desired date. If this is your first child being baptized in the Catholic Church a Baptism preparation class is needed at least two months before the Baptism takes place.

SACRAMENTAL MARRIAGE preparation must begin at least six months prior to your wedding date. Weddings are most often celebrated on Saturdays at 2 PM.

IF YOU KNOW OF A CATHOLIC WHO IS HOMEBOUND and would like to receive weekly Communion or have their confession heard, please contact the Parish Center to learn more about our Homebound Ministry.

RECEIVING THE EUCHARIST: All are welcome to join us in worship at the Church of Saint Mark. Nevertheless, because the Holy Eucharist is the real Body and Blood of Jesus Christ, the reception of Holy Communion is reserved to those Catholics who are in full moral and doctrinal communion with the Catholic Church, are not conscious of any grave unconfessed sin, and who have kept the Eucharistic fast of one hour.

PRO ECCLESIA SANCTA



The Church of Saint Mark is served by the priests, brothers, and sisters of Pro Ecclesia Sancta, which is an institute of consecrated life founded in Lima, Peru in 1992, whose members dedicate themselves to living and promoting the universal call to holiness in the Church. Their motto is *ad maximam trinitatis gloriam*. Everything "for the greatest glory of the Holy Trinity."

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