

### **Where is the Adoration chapel?**

The St. Mary Adoration Chapel is in the Northeast corner of the church. Use the entrance on Moore Street, closest to the alley.

### **How do I spend my hour?**

Jesus wants you to spend this time with Him in any way you would like. You may bring your own prayer books, use the books in the chapel, read the Bible, pray the rosary, or just sit and enjoy the sweet peace that comes from simply being in the Presence of God. You may think, “I don’t pray very well. My mind often wanders.” Don’t let this discourage you! The mere fact that you take time at a specific hour each week to spend with Jesus pleases Him very much and is in itself a prayer of great faith.

### **What if I can’t make my hour?**

1. If there is someone else scheduled with you, contact them, tell them you will be gone and make sure they will be able to be there. Always check. DO NOT ASSUME THEY WILL BE THERE. If they will, then you need go no farther.
2. If they will also be gone, one or both of you should find a substitute.
3. If you do not have someone scheduled with you and you know you will be gone, call someone on the sub phone list OR put a request on the “I Need a Sub Sheet”. If you do use the “I Need a Sub Sheet” please check and make sure someone takes the hour. Don’t assume just because the request has been made that it will be covered. (Although, people have been great about helping out). DON’T use the “I Need a Sub” sheet if you know your scheduled partner will be covering the hour.
4. If you cannot find a sub or have no time to do so, please call your hourly coordinator or your division leader to help.

### **Can I be a substitute?**

Yes, you can be a substitute adorer. We have a hard copy list and an email list of those willing to be substitutes. When you receive a request just decide at that time if it will work for you. You can also periodically check the “I Need a Sub” sheet on the table outside the adoration chapel and help out when you can. Some of our substitutes have a regular adoration hour, while some are simply serving as substitutes. Many are needed for this ministry.

### **Can I commit to a half hour?**

Our schedule is set up in hour divisions for simplicity sake, so at this time there is just one half hour slot and that is on Saturdays from 7:00am - 7:30 am. Many commit to God for a half hour each week, or each day and come regularly.

### **What if there is an emergency?**

Use the phone in the chapel to dial 911, relay the type of emergency and be sure to tell the dispatcher the following: Saint Mark’s Church, 2001 Dayton Ave. St. Paul, MN 55104. Enter on Moore Street side entrance nearest the alley.