

THIRD SUNDAY IN LENT | MARCH 15, 2020



THE CHURCH OF SAINT MARK | www.onestrongfamily.org

ANNOUNCEMENTS

Our cover art this week is *Christ and the Woman at the Well*, one of twenty oil on wood panels that the Dutch artist Jan Joest (d. 1519) painted for St. Nicholas's Church in Kalkar. We don't know a whole lot about Joest, apart from the fact that he was a pretty good painter. All things considered, there are worse things by which to be remembered.

SOTF INFORMATION NIGHTS will be held on other dates at locations around the Twin Cities. If you missed the meeting at St. Mark's, or if you wish to continue the conversation, visit www.schoolofthefamily.org for more details.

ABRIA PREGNANCY RESOURCES is seeking volunteer ultrasound models to participate in our nurse training. This is a unique opportunity for expectant mothers is a great chance to help Abria's life-affirming work as well as take home cherished photos of your baby in utero! Women 5-1/2 weeks pregnant and above are invited to participate as volunteer models for free ultrasounds March 30-31, April 1-4 & 6-7. Sign up to volunteer today at stmark.xyz/abriavolunteer.

I AM PATRICK is a feature-length docudrama that peels back centuries of legend and myth to tell the true story of Saint Patrick. Through historical re-enactments, expert interviews, and Patrick's own writings, experience the journey from man to saint. In select theaters March 17-18. Learn more: www.fathomevents.com/events/i-am-patrick.

ALTHOUGH IT'S EASY to forget now that it's mostly behind us, we had some very cold months this past winter season. We'd like to take up a second collection next Sunday to cover some of those heating costs. If you'd like to take advantage of some additional almsgiving this Lent, this is a great opportunity to help your parish family. Thank you for your generosity!

UPCOMING EVENTS

**TUES
17
MAR** *SacreCore Fitness* | 9:15 - 10:00 PM | *St. Mark's Gym*
All moms of St. Mark's (and beyond!) are invited to a 45 minute session of strength, cardio, core, and stretching. Interactive and fun for kids, songs, books, and prayers are woven into the workout. We aim to nourish the body and soul. Classes are \$7 per class. Please bring yourself, your kids, a stroller, water, and a mat.

**THURS
19
MAR** *40 Days for Life* | 7:00 AM - 6:00 PM | *Planned Parenthood (Vandalia St.)*
40 Days for Life began on Wednesday, February 26. Our next adopted day of peaceful prayer vigil is March 19. Visit onestrongfamily.org/40days to learn more and sign up.

**THURS
19
MAR** *Parish Holy Hour* | 7:00 - 8:00 PM | *Church*
Join us every Thursday for a parish wide holy hour. Confession will be available. This evening is hosted in part by the Catholic Advance Movement.

**THURS
19
MAR** *Trivia Night* | 8:15 PM | *Carolyn Hall*
Do you know stuff? Like, random, specific Catholic stuff? If so, put your mountain of useless knowledge to good use during St. Mark's Trivia Night, hosted by St. Mark's Young Adults. Take a peek at page 4 to learn more.

**FRI
20
MAR** *Fridays of Lent/ First Friday Devotion* | 6:00 - 7:30 PM | *Carolyn Hall, Church*
Join us every Friday during Lent (with the exception of Good Friday) for a soup supper, our Lenten Speaker Series, and Stations of the Cross. The soup suppers and speaker series begins at 6:00 PM in Carolyn Hall. Stations begin at 7:00 PM in the Church.

Yes, we're likely forgetting something; for a full list of parish events please visit www.onestrongfamily.org



From the Heart of the Shepherd

Fr. Humberto Palomino, PES, Pastor

“Thirsting for Souls”



ON THIS third Sunday of Lent, the Church gives us the Gospel of the Woman at the Well. It takes place while Jesus is traveling from Judea to Galilee. It wasn't necessary for him to pass through Samaria to get there, but this is the route Jesus takes. Our Lord is never just passing through. He goes to Samaria, and remains there two days, because he is always seeking out what is lost. He is always thirsting for souls.

WHAT JESUS SEES

Let's begin by placing ourselves in the shoes of Jesus. He is tired from his journey. He sits down by the well, hungry and thirsty. He ignores the social norms of his time to ask a Samaritan woman to give him a drink. But his thirst and exhaustion don't make him self-focused. He sees the woman in front of him and his deeper thirst is to lead her to “living water” – to show her the love of the Father.

It is noon, the hottest time of the day. The other women of the village come to the well in the cooler hours of early morning and evening, but this woman comes at noon in order to avoid seeing them. Jesus sees in her the anxiety that comes from an unstable life, but also a sincere heart that is open to truth. Her rocky path through life has worn down her façade of pride. She is in search of answers and direction. Jesus sees all of this in her because he sees her soul. He cannot be indifferent to her, or to us. He cannot contain the love that overflows from his Sacred Heart. This is why he came. It is his mission.

WHAT THE WOMAN SEES

The Samaritan woman approaches the well and sees Jesus sitting there. She knows something is different about him the moment she sees him. He looks at her in a way that others don't look at her, with compassion and understanding. And in his glance she sees that he knows her completely. He knows who she is and what she has done,

and yet he is glad to see her. He isn't looking for anything from her. Rather, he wants something for her. She matters to him.

And then our Lord speaks, and asks the woman for a drink. That simple exchange is the beginning of a conversation that will change her life forever. She doesn't understand everything he tells her, but she understands that Jesus knows her. She understands that he cares about her and is interested in her. She understands that for him, she is important. She knows, as if by instinct, that what he says about being the Messiah is true. How else could she explain the change that is already happening in her heart? It is as if a door has opened in her life where before there had only been a heavy, dark, impenetrable wall, protecting her wounded heart. Jesus frees her.

THE RESPONSE OF HER HEART

The fruit of her exchange with our Lord comes naturally, like breathing. The Samaritan woman knows she has found the Savior, and feels compelled to tell everyone in the town. She doesn't give a thought to all the reasons she was avoiding her neighbors. She knows that as soon as they meet Jesus, they will recognize what she has seen. And they do! Jesus stays with them and two days later they are able to say, “We know that this is truly the Savior of the world.” [Jn 4: 42]

Our Lord invites each of us to the kind of conversation experienced by the Samaritan woman. Before this day at the well, she just surviving. But after her encounter with Christ she is truly living, and wants to share what she has received with others. She begins to quench the thirst of Christ for souls. Pope Benedict XVI said that to evangelize means “to teach the art of living.” Or as our second reading puts it, it is our natural response when the love of God is poured out into our hearts. [See Rom 5: 5] It cannot be held in. Let's ask for the grace to have hearts like the Samaritan woman, that are fully alive and overflowing with love for souls.

ONE STRONG FAMILY UNITED IN CHRIST

It's Lent, so go to Confession.



LOOKING to make a good confession this Lent? This holy season of Penance is a particularly good time to experience God's incredible healing and mercy. The Sacrament of Reconciliation is offered throughout Lent:

- Tuesday - Friday at 9:30 AM
- Thursdays at the 7 PM Holy Hour
- Fridays at 7 PM during Stations of the Cross
- Saturdays at 3:30 PM
- Sundays at 8:30 AM, 10:30 AM, and 4:30 PM

The next Lenten Penance Service will occur at Emmaus (with adoration and song) on April 2 from 7-8:30 PM.

Fridays in Lent



SPEND Friday evenings in Lent growing in your faith with your parish Family! These evenings begin at 6 PM in Carolyn Hall with Soup Suppers and our Lenten Speaker Series, "Faces Along the Way of the Cross." Stations will follow in the Church at 7 PM. (Mass is still held at 5 PM on First Fridays.)

Here's the upcoming schedule for the speaker series:

Mar 20: Deacon Yamato. Station 6: Veronica wipes the face of Jesus (Veronica)

Mar 27: Br. Cesar. Stations 10-12: (The Soldiers & the Centurion)

Apr 3: Fr. Humberto. Station 12. (The Two Thieves).

YA Trivia Night



CALLING ALL TRIVIA FANS: put your useless knowledge to use! On Thursday March 19, St. Joseph relaxes the Lent-en discipline and the SMYA are hosting a Trivia Night after the 7 PM Holy Hour. The evening in Carolyn Hall begins at 8:15 PM. Trivia is free to play; \$10 for a drink wristband (21+). For more info and to RSVP, contact the St. Mark's Young Adults team: ya@onestrongfamily.org

CCW Spring Luncheon

THE ANNUAL CCW SPRING LUNCHEON will take place on Saturday, March 28 at the Town and Country Club in St. Paul. There will be a social hour followed by lunch and entertainment by storyteller Danielle Daniels. Door prizes, money trees, and several vendors. Invitations have been sent to all women of St. Mark. If you were missed we apologize and invite you to pick up an invitation at the back of the church!

Parish Finance Update:

LAST WEEK'S COLLECTION (MARCH 8, 2020)

Electronic Giving:	\$6,450.28
Plate Offering:	\$3,570.25
Total Collection:	\$10,020.53
Offering To-Date:	\$303,452.15

Weekly giving figures do not include capital campaign donations or payments for ministry events.

Our to-date offering is calculated from the beginning of our fiscal year, July 1, 2019.

Questions about and suggestions for parish finances and stewardship are always welcome. Email them to ourfuture@onestrongfamily.org.

MASS AND PRAYER INTENTIONS

Mass Intentions

7 AM

M: --- --- ---
 T: +Marie Nelson
 W: +Marge Nelson
 Tr: Dave Schmidt
 F: +Mary Boisvert
 S: Fr. Bruno (8:00 AM)

10 AM

+Arnold Nelson
 + Dolores Nelson
 +Spencer Nelson
 Joe Hermerding
 +Holy Souls in Purgatory

Know someone in need of prayers? Email your request to prayers@onestrongfamily.org and we'll be sure to pray for you!

"From the Eucharist comes strength to live the Christian life and zeal to share that life with others."

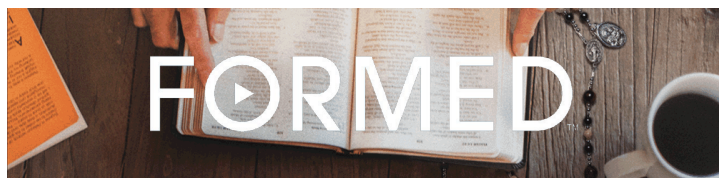
- St. John Paul II

Our goal is to have at least two adorers every hour the chapel is open, Monday 11 AM-Saturday 8 AM. Please consider committing to one hour a week with the Blessed Sacrament.

To view our current open hours, or to sign up, visit stmark.weadorehim.com.

Use activation code: Jesus

FORMATION OPPORTUNITIES



EVERY MEMBER of our St.Mark's community can enjoy a free subscription to formed.org, the incredible online gateway to the best Catholic content, all in one place! With FORMED, you can:

- Prepare for Sunday Mass by watching an insightful five-minute video by renowned Catholic teachers.
- Enjoy a movie with your family that is both nourishing and entertaining.
- Find great e-books and audio books, both fiction and nonfiction.
- Listen to talks from all your favorites, like Dr. Edward Sri, Bishop Robert Barron, Teresa Tomeo, and more.
- Help your children grow in character and embrace the beauty and wonder of our faith.

Sign up for FREE at formed.org using our parish code: **XPDYVT**

SUBMISSIONS

WANT TO RUN AN ANNOUNCEMENT in the *The Evangelist* (derided as "*The New Yorker* of Bulletins" by erudite snobs who prefer *The Atlantic*, and the "*People Magazine* of Bulletins" by *New Yorker* subscribers) or on the parish website?

Just send content submissions, corrections, and suggestions to submissions@onestrongfamily.org, or call Nick Check at 651-645-5717, ext. 2109. Send submissions no later than the previous Saturday.

LENT + HOLY WEEK



Ash Wednesday | Wed., Feb. 26, Mass at 7am, 10am, 7pm



Morning of Reflection | Sat., March 14, at 9am in Carolyn Hall.



Bible Study | Tuesdays at 7:00pm and Thursdays at 11:00am. More info at onestrongfamily.org/bible.



40 Days for Life | Prayer Vigil from 7am - 6pm on Wed., March 4, and Wed., March 19. Pastor-led prayer at 1pm on Sun., March 8.



Fridays of Lent | Soup Supper & Speaker Series (*Faces Along Way of the Cross*) at 6pm in Carolyn Hall; Stations of the Cross with Confessions at 7pm in Church



Palm Sunday | Sun., April 5. Regular Sunday Mass Schedule.



Holy Thursday | Thurs., April 9. Mass of the Lord's Supper at 7pm.



Good Friday | Fri., April 10. Stations of the Cross & Confessions at 5pm. Passion Service at 7pm.



Holy Saturday | Sat., April 11. Easter Vigil at 9pm.

onestrongfamily.org/LENT



MINISTRIES, LITURGIES, & EVENTS

Middle School Ignite



**Post-Retreat
Reunion &
Games**

MARCH 21, 2020
6:00-7:30 PM
XAVIER ROOM
(BASEMENT OF ST. MARK'S
PARISH CENTER, KITTY CORNER
FROM THE CHURCH)

DINNER INCLUDED

Middle schoolers who didn't attend the retreat
are very welcome as well!



ST. MARK'S PRESCHOOL

Preschool Enrollment is Open



OUR PRESCHOOL is now enrolling for its summer and 2020-21 programs. St. Mark's Preschool offers full-day and half-day programs, up to five days a week.

Discover a program designed to nurture your child's curiosity, inspire a lifelong love of learning, and foster an early love of the Catholic faith! To learn more about Preschool at St. Marks, to schedule a tour, or to enroll, visit onestrongfamily.org/preschool.

"Take Back 100"



#TakeBack100

(That's the average time a person spends on social media.)

2.5

x 40 (Days in the season of Lent.)

100 HOURS

YOU CAN GIVE TO SOMETHING BETTER.

THE SEASON OF LENT IS UNDERWAY. Still need a resolution? It's not too late to join your fellow members of your St. Mark's family in a parish-wide social media fast.

Together, we can reinvest the time we'd otherwise spend using social media toward things that matter more. This is time we can give back to friends, to those in need, to our parish, to our families, to our spouses, and to God. To learn more about this exciting parish project, visit onestrongfamily.org/LENT.

Stop by the back of church and let us know how *you* plan to spend the time you "take back" during this holy season!

Bible Study

OUR BIBLE STUDY is underway. There's still time to join, and walk-ins are welcome. To learn more, visit onestrongfamily.org/bible.

STAFF

Clergy:

Fr. Humberto Palomino, PES..... Pastor
frhumberto@onestrongfamily.org

Fr. Mario Castagnola, PES..... Associate Pastor
frmario@onestrongfamily.org

Fr. Adam Tokashiki, PES..... Associate Pastor
fradam@onestrongfamily.org

Parish Staff:

Joe Hermerding..... Parish Business Manager
Nathan Cicero..... Director of Music
Tamara Titsworth..... Pastoral Care Director
Sr Leann Lueke, PES..... Faith Formation and Youth Ministry
Sr Laura Holupchinski, PES... Faith Formation, Youth Ministry
Br. David Hottinger, PES..... MC; Coordinator of
Ministries & Mission

Patricia Hartshorn..... Volunteer Liturgy Coordinator
Jill Parry Schmidt..... Administrative Assistant
Dcn. Yamato Icochea, PES..... RCIA Coordinator

Nick Check..... Communications Director
submissions@onestrongfamily.org

Parish Contact

Phone (651) 645-5717
Fax (651) 644-0011
parishcenter@onestrongfamily.org

Parish Center Hours

Monday - Thursday: 9:00 AM - 3:00 PM
Friday: 9 AM - 12 PM (Noon)

Parish Address

2001 Dayton Ave, St. Paul, MN 55104

Parish Trustees:

Kip Chaffee, Andrew Nowak

Parish Pastoral Council:

Alison Kaardal, Chair

Parish Finance Committee:

Jim Wilgenbusch, Chair

Saint Mark's Catholic Preschool

Mary Kay Rowan, Director
651-644-5030 preschool@onestrongfamily.org

CONNECT



/ChurchofSaintMark



@churchofsaintmark

CELEBRATIONS

Mass:

Saturday Evening Mass: 5 PM

Sunday Mass: 9 AM, 11 AM, and 5 PM.

Daily Mass:

Monday: 10 AM; Tuesday-Friday: 7 AM and 10 AM

Saturday: 8 AM

Confession:

Tuesday-Friday 9:30 AM; Thursday 7:00 PM; Saturday: 3:30-4:30 PM; Sunday: 8:30-9 AM, 10:30-11 AM, 4:30-5 PM

Rosary: Daily after 10 AM Mass (except funeral Masses)

Divine Mercy Chaplet: 3 PM daily in St. Mary's Adoration Chapel

SACRAMENTS

Detailed information about Sacraments and Sacramental preparation can be found at onestrongfamily.org/sacraments or by contacting the Parish Center.

BAPTISMS are celebrated on the 3rd Saturday of every month at 10 AM (exceptions for holidays or major parish events). You must register for Baptism at least one month before your desired date. If this is your first child being baptized in the Catholic Church a Baptism preparation class is needed at least two months before the Baptism takes place.

SACRAMENTAL MARRIAGE preparation must begin at least six months prior to your wedding date. Weddings are most often celebrated on Saturdays at 2 PM.

IF YOU KNOW OF A CATHOLIC WHO IS HOMEBOUND and would like to receive weekly Communion or have their confession heard, please contact the Parish Center to learn more about our Homebound Ministry.

RECEIVING THE EUCHARIST: All are welcome to join us in worship at the Church of Saint Mark. Nevertheless, because the Holy Eucharist is the real Body and Blood of Jesus Christ, the reception of Holy Communion is reserved to those Catholics who are in full moral and doctrinal communion with the Catholic Church, are not conscious of any grave unconfessed sin, and who have kept the Eucharistic fast of one hour.

PRO ECCLESIA SANCTA



The Church of Saint Mark is served by the priests, brothers, and sisters of Pro Ecclesia Sancta, which is an institute of consecrated life founded in Lima, Peru in 1992, whose members dedicate themselves to living and promoting the universal call to holiness in the Church. Their motto is *ad maximam trinitatis gloriam*. Everything "for the greatest glory of the Holy Trinity."