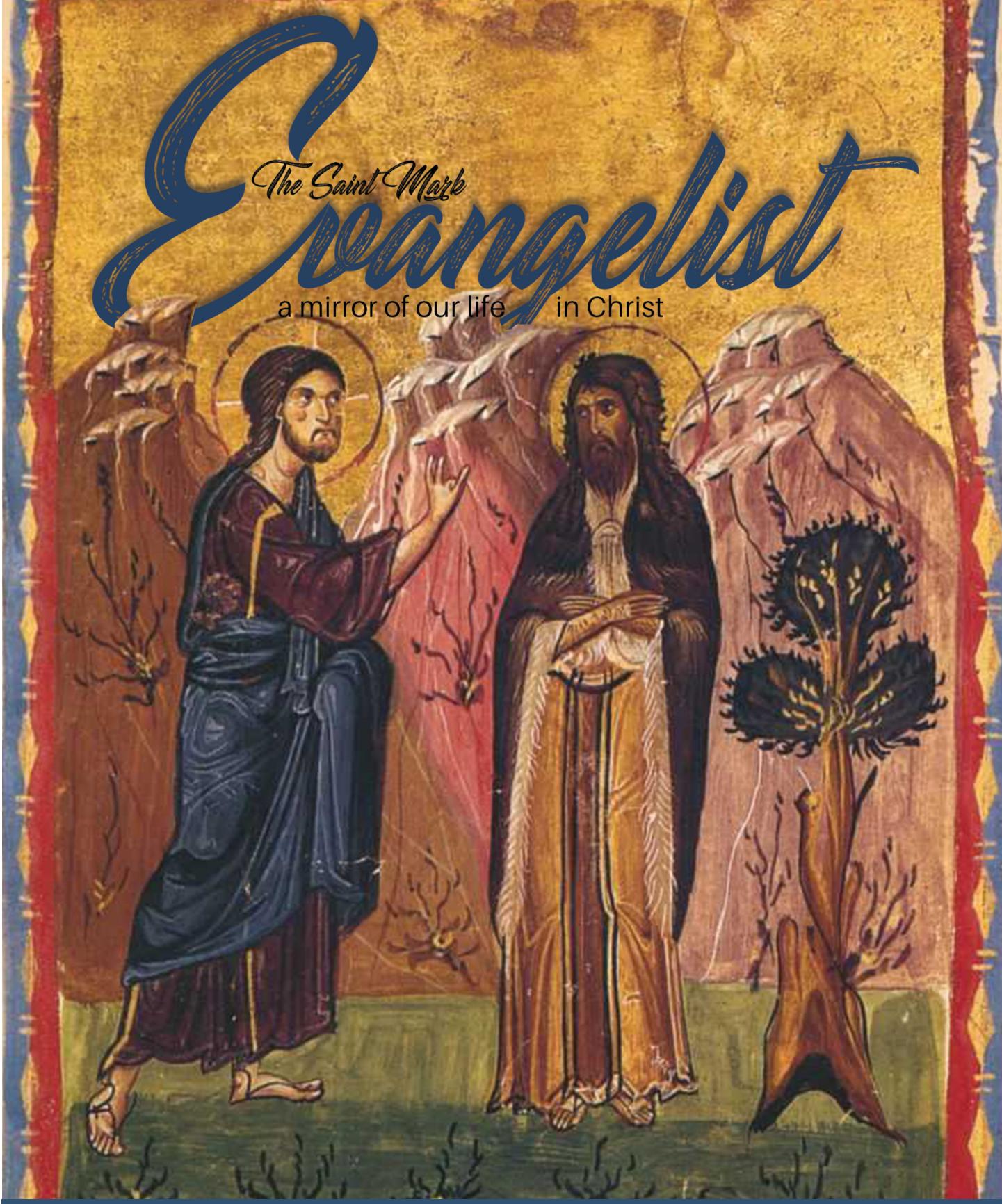


SECOND SUNDAY IN ORDINARY TIME | JAN. 19, 2020



The Saint Mark  
*evangelist*  
a mirror of our life in Christ

THE CHURCH OF SAINT MARK | [www.onestrongfamily.org](http://www.onestrongfamily.org)

## ANNOUNCEMENTS

Our cover art this week is *Jesus Meets John the Baptist*, a 15th century painting by an anonymous artist. The heavy use of gold--emblematic of divinity--is tempered, here, by the imposing mountainscape and notable use of greens--a color then popularly used to represent Christ's human nature.

**NEED A NEW YEAR'S RESOLUTION?** Why not commit to spending more time with the Lord? Our adoration chapel currently has several open hours available. To sign up, visit [stmark.weadorehim.com](http://stmark.weadorehim.com) (use activation code: Jesus).

**Monday:** 12:00PM and 1:00PM and 4:00PM

**Tuesday:** 2:00 AM and 3:00 AM and 4:00 AM

**Wednesday:** 11:00 AM, 6:00 PM

**Thursday:** 1:00 AM

**Friday:** 12:00 AM

**THERE ARE 10 PRE-SYNOD PRAYER AND LISTENING EVENTS** remaining. The next two are: Saturday, Jan. 25, 9 a.m.-noon at St. Peter Claver, St. Paul; and Tuesday, Jan. 28, 6-9 p.m. at Pax Christi, Eden Prairie. See a full listing of Prayer and Listening Events at [archspm.org/synod](http://archspm.org/synod).

**ARE YOU A BUSY MOM** looking for a way to stay active in the winter months? SacréCore Fitness is here for you! Classes are held at 9:15 AM on Tuesdays in St. Mark's Gym. These 45 minute sessions focus on strength, cardio, core, and stretching, and are designed to nourish the body and the soul. Cost is \$7 per class. Email Colleen Beatty (collbeatty@gmail.com) to learn more.

**TEAM DROGO**, an important, doughnut-shaped ministry at St. Mark's provides hospitality each Sunday after the 9 AM and 11 AM masses. We're always on the lookout for volunteers to help us serve for one hour after each mass. To sign up, visit [stmark.xyz/drogo](http://stmark.xyz/drogo), or contact Charlie at [charliereinhardt@gmail.com](mailto:charliereinhardt@gmail.com).

**WANT TO RUN AN ANNOUNCEMENT** in the *The Evangelist* (compiled and printed by a wise, if somewhat cantankerous 236-year-old gnome who lives in a secret cavern two miles below the parking lot) or on the parish website (run by Nick, a decidedly unwise, if somewhat cantankerous human person with no secret cavern to call his own)? Send content submissions, corrections, suggestions, and airport club passes to [submissions@onestrongfamily.org](mailto:submissions@onestrongfamily.org), or call Nick Check at 651-645-5717, ext. 2109. Send submissions no later than noon on the previous Saturday.

## UPCOMING EVENTS

<b>WED</b>	<i>Day of Prayer for the Legal Protection of Unborn Children</i>
<b>22 JAN</b>	The General Instruction of the Roman Missal (GIRM), no. 373, designates January 22 as a particular day of prayer and penance, called the "Day of Prayer for the Legal Protection of Unborn Children." See p. 4 to learn more about what you can do to honor the unborn this January.
<b>THURS</b>	<i>Parish Holy Hour   7:00 PM   Church</i>
<b>23 JAN</b>	Join us every Thursday evening as we gather as a parish in Eucharistic Adoration. Confessions are available. All are welcome. These evenings are hosted in part by the Catholic Advance movement.
<b>SAT</b>	<i>A Valentine's Day Night of Swing   7:30 PM   St. Mark's Gymnasium</i>
<b>15 FEB</b>	Back by overwhelming popular demand: it's a special Valentine's Day "Night of Swing," with live music by the incomparable NorthStar Big Band. Lessons begin at 6:30 P.M. Music from 7:30-10 P.M. \$10 admission, with beer and wine available for purchase. Mark your calendars now!

For a full list of parish events please visit [www.onestrongfamily.org](http://www.onestrongfamily.org)



# From the Heart of the Shepherd

Fr. Humberto Palomino, PES, Pastor

## “A Light to the Nations”



**D**o you ever feel discouraged, like the darkness is winning out over the light? As our first reading reminds us, the people of Israel surely had those feelings after 70 years of captivity in a foreign land. God understands that we sometimes feel defeated and without hope. His words today remind us, though, that “the light shines in the darkness, and the darkness has not overcome it.” [Jn 1: 5] Our Lord tells us Himself that He is the light of the world. In fact, He promises that those who follow Him “will not walk in darkness, but will have the light of life.” [Jn 8: 12]

### IT DOESN’T ALWAYS SEEM THAT WAY

Sometimes that just doesn’t seem true, does it? There are times when, if we are honest, we definitely feel like we are walking in darkness. We feel alone, and maybe even abandoned by God. In their long captivity, Israel may have felt that God had forsaken her, but God cannot abandon us any more than a mother can forget the baby at her breast. [See Is 49: 14-21] As Isaiah says, God promises to raise up and restore the people of Israel. He will make of them and us “a light to the nations.” [Is 49: 6]

We might wonder why God allowed Israel to spend so much time in darkness. Perhaps it was because of their stubborn resistance of God, preferring to worship idols of their own creation. But a glance at the lives of the saints will tell us that they too were faced with darkness.

Consider for a moment the life of Mary. We know that she was full of grace and that God loved her in a special way. Jesus was physically with her for most of His life. And yet, wasn’t her life filled with darkness too? Soon after the light of the Annunciation, there was the confusion of Joseph saying he would divorce her. Then she had to give birth to the Savior in a stable in Bethlehem, and flee to Egypt in the middle of the night to save the life of her child. She witnessed the death of so many innocent chil-

dren by Herod’s orders, and suffered the pain and confusion of being separated from Jesus for three days when He was lost, as a 12-year-old, in Jerusalem. Finally, there was the distance she must have felt from her Son during the three years of His public life, and of course the deep suffering and rejection she shared with Him during His Passion and death. The Church speaks about the seven swords that pierced the heart of Mary, who we honor as Our Lady of Sorrows.

### SHARING IN THE MISSION OF CHRIST

Mary encountered darkness not as a punishment, but because God wanted her to be consumed with Him, and to share in His work of saving souls. This is an honor that we are all invited to share. Mysteriously, we are invited to make up for what is lacking in the suffering of Christ, for the sake of souls. [See Col 1: 24] Of course, there is nothing “lacking” in Christ, but nonetheless, He chooses to invite our participation in His work of salvation. If God allowed Mary to face darkness, uncertainty and confusion in her life, then it must certainly be something that can be a part of His loving plan for us as well.

The darkness in our lives teaches us to come to God on our knees, realizing how much we need Him and learning to place our trust in Him, no matter what our feelings tell us. This is the virtue of hope. It begins in the dark, but ends up as a powerful light that helps us to navigate through the dark night to a new dawn from on high. [See Lk 1: 78]

It is interesting that, as St. Thomas Aquinas teaches, our tradition of dedicating Saturdays to Mary is because of the first Holy Saturday, when the whole world was dark and she alone had perfect faith. Faith is the foundation of our hope [see Heb 11: 1], and as Christians, we should never be without it. In this way, we will be a “light to the nations” (to all souls), perhaps especially when things seem dark.

## ONE STRONG FAMILY UNITED IN CHRIST

### **THIS WEEK: Pray for the Unborn**

ON JANUARY 22, 1973, the Supreme Court legalized abortion throughout the United States in its companion decisions Roe v. Wade and Doe v. Bolton. Since that time, millions of children have lost their lives and millions of women and families have been wounded by abortion. The General Instruction of the Roman Missal (GIRM), no. 373, designates January 22 as a particular day of prayer and penance, called the “Day of Prayer for the Legal Protection of Unborn Children.” As individuals, we are called to observe this day through the penitential practices of prayer, fasting and/or almsgiving.

***The St. Mark’s Human Dignity Committee invites you to join us for the following:***

#### **9 DAYS FOR LIFE**

Join thousands of Catholics nationwide in the annual Respect Life novena, Tuesday, January 21 - Wednesday, January 29. Get daily intentions, brief reflections, and more. **Find copies of the novena on our website ([onestrongfamily.org](http://onestrongfamily.org)) and in the back of church.**

#### **PRAYER SERVICE FOR LIFE**

Please join us at the Cathedral at 10:30 AM on Wednesday, January 22 for the Annual Prayer Service for Life. This prayer service commemorates the millions of lives lost to abortion and the many women and men wounded by abortion's aftermath. Immediately following the prayer service, we will walk to the state capitol for the MCCL March for Life rally.

#### **JANUARY BOOK CLUB (w/ NATIVITY PARISH)**

All are welcome to join us in reading and discussing, *Redeemed by Grace: A Catholic Woman's Journey to Planned Parenthood and Back*, by Ramona Trevino and Roxanne B. Salonen. We will meet to discuss this inspiring read on Tuesday, January 28, from 6-8 PM in Steiner Hall (at Nativity) and enjoy fellowship and a potluck supper. Limited copies are available for sale (\$7) or loan. Contact Karen McCann by phone, 612-964-4522 or by email, [karmccann@comcast.net](mailto:karmccann@comcast.net), to get yours and to RSVP.

### **“Modern Handmaid’s Tale”**



**THE SIENA SYMPOSIUM AND THE ARGUMENT CLUB FOR WOMEN** are proud to present “Modern Handmaid’s Tale: The Ethics of Surrogacy, Egg Donation and Beyond.” With the global fertility industry poised to reach \$52+ billion by 2025 (MarketWatch), the push to legalize (or keep legal) troubling technologies is stronger than ever. Jennifer Lahl R.N., M.A., President of the Center of Bioethics and Culture Network, will join us to discuss the dangers of surrogacy and its related procedures, while building a solid moral foundation for understanding the implications.

The evening begins at 7 PM on Wednesday, February 5, 2020 in the University of St. Thomas 3M Auditorium (in Owens Science Building on UST’s south campus in St. Paul). Q&A begins at 8:15 PM; a reception follows. This event is free and open to the public. Men and women are invited. Learn more at [argumentclub.org](http://argumentclub.org).

#### **Parish Finance Update:**

##### **LAST WEEK'S COLLECTION (JAN 12, 2020)**

Electronic Giving:	\$5,479.28
Plate Offering:	\$3,848.95
<b>Total Collection:</b>	<b>\$9,328.23</b>
<b>Offering To-Date:</b>	<b>\$233,743.92</b>

*Weekly giving figures do not include capital campaign donations or payments for ministry events.*

*Our to-date offering is calculated from the beginning of our fiscal year, July 1, 2019.*

*Questions about and suggestions for parish finances and stewardship are always welcome. Email them to [ourfuture@onestrongfamily.org](mailto:ourfuture@onestrongfamily.org).*

## ADORATION & PRAYER

### Mass Intentions

**7 AM**

M: ---  
T: +Maryanne Peterson  
W: +Kate Davidson  
Tr: St. Mark's CCW  
F: Holy Souls in Purgatory  
S: Sr. Julieta del Carpio, PES

**10 AM**

Sr. Leann Luecke, PES  
Sr. Emily Syverson  
+Carol Malcahy  
+Gerry McKay  
Sr. Cinthya Carmona, PES

Know someone in need of prayers? Email your request to [prayers@onestrongfamily.org](mailto:prayers@onestrongfamily.org) and we'll be sure to pray for you!

*"From the Eucharist comes strength to live the Christian life and zeal to share that life with others."*

- St. John Paul II

Our goal is to have at least two adorers every hour the chapel is open, Monday 11 AM-Saturday 8 AM. Please consider committing to one hour a week with the Blessed Sacrament.

To view our current open hours, or to sign up,  
visit [stmark.weadorehim.com](http://stmark.weadorehim.com).  
Use activation code: Jesus

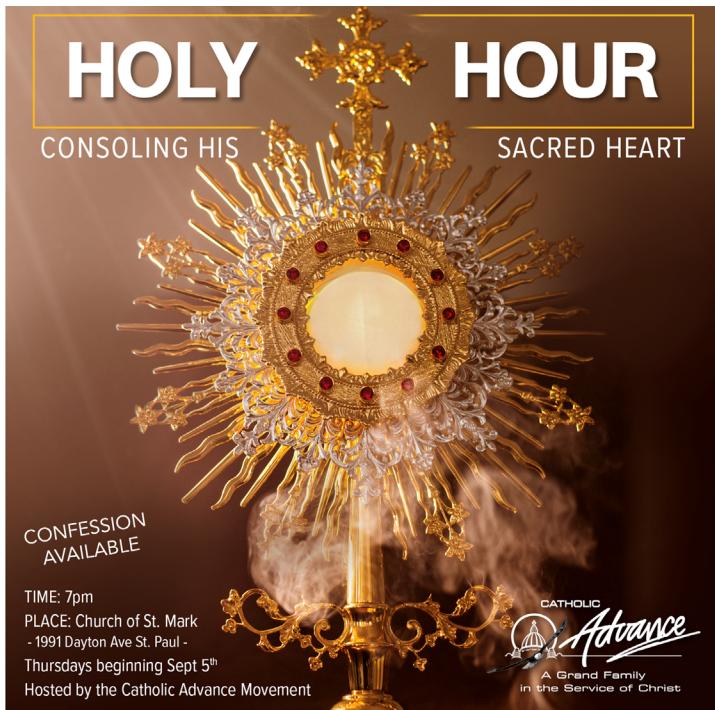
## FORMATION OPPORTUNITIES



Every member of our St. Mark's community can enjoy a free subscription to formed.org - the incredible online gateway to the best Catholic content, all in one place! Visit [formed.com/advent](http://formed.com/advent) to learn more. **Sign in using our parish code: XPDYVT**



Our RCIA Encounter Program has begun. Meetings are Wednesdays at 7 PM. If you or someone you know is interested in becoming Catholic or learning more about our faith, visit our website ([onestrongfamily.org/RCIA](http://onestrongfamily.org/RCIA)) or send an email to [RCIA@onestrongfamily.org](mailto:RCIA@onestrongfamily.org).



*Each week, we will use this bulletin space to examine the seven principles of Catholic Social Teaching, an initiative proposed by St. Mark's Human Dignity Committee.*

### SOLIDARITY:

We are one human family whatever our national, racial, ethnic, economic, and ideological differences. We are our brothers and sisters keepers, wherever they may be.

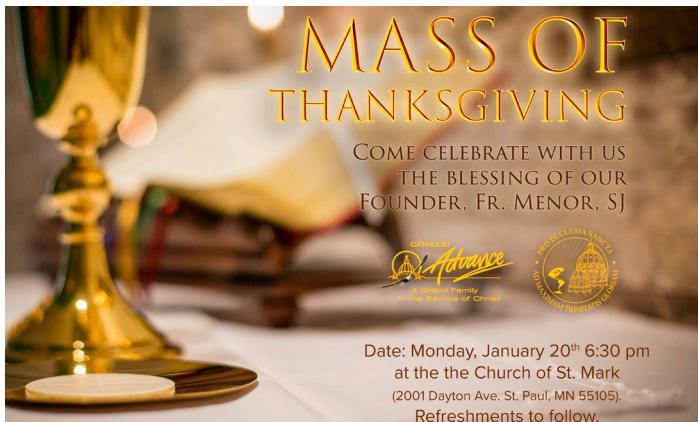
Loving our neighbor has global dimensions in a shrinking world. At the core of the virtue of solidarity is the pursuit of justice and peace. Pope Paul VI taught that if you want peace, work for justice.

The Gospel calls us to be peacemakers. Our love for all our sisters and brothers demands that we promote peace in a world surrounded by violence and conflict.



**BE WITH HIM**

## MINISTRIES, LITURGIES, &amp; EVENTS

**Happening Soon at St. Mark's**

Featuring  
**THE NORTHSTAR BIG BAND**  
with LEE ENGELE ON VOCALS

ST. MARK'S GYM  
1950 Marshall Ave. Saint Paul

6:30 PM. SWING LESSONS  
7:30-10 PM. MUSIC

\$10 ADMISSION AT THE DOOR  
(\$7 with student ID)

BEER AND WINE AVAILABLE FOR PURCHASE.

18+ EVENT

MORE INFO AT [stmarkxyz/swing](http://stmarkxyz/swing)

**Money Counters Needed**

**DO YOU HAVE A LOVE OF NUMBERS?** We are looking for a few individuals who would be willing to join our Money Counter Ministry. This volunteer duty includes a high level of confidentiality and the time commitment would be at least one, 1.5 hour sessions per month, from about 8:15 - 9:45 AM. All training is provided! To learn more about this ministry contact Jill at 651-645-5717, or at [jschmidt@onestrongfamily.org](mailto:jschmidt@onestrongfamily.org).

## ST. MARK'S PRESCHOOL



**Catholic Schools**  
Learn. Serve. Lead. Succeed.

Dear Parishioners,

The week of January 23 is our annual Catholic Schools Week. We will be celebrating the week with creative, fun adventures in learning. Part of our celebration will be to dress up in different ways throughout the week.

One day that week, as part of our Catechesis of the Good Shepherd, we will be taking a church tour and spending a bit of time in the Adoration Chapel so our children will have a better understanding of our worship space. On Thursday, we will be serving a special Beach Lunch to all the students! We look forward to our celebration week!

--Mary Kay Rowan  
Saint Mark's Preschool Director

## STAFF

### Clergy:

Fr. Humberto Palomino, PES..... Pastor  
frhumberto@onestrongfamily.org

Fr. Mario Castagnola, PES..... Associate Pastor  
frmario@onestrongfamily.org

Fr. Adam Tokashiki, PES.....Associate Pastor  
fradam@onestrongfamily.org

### Parish Staff:

Joe Hermerding..... Parish Business Manager  
Nathan Cicero..... Director of Music  
Tamara Titsworth..... Pastoral Care Director  
Sr Leann Lueke, PES.....Faith Formation and Youth Ministry  
Sr Laura Holupchinski, PES..Faith Formation, Youth Ministry  
Br. David Hottinger, PES..... MC; Coordinator of  
Ministries & Mission  
Patricia Hartshorn..... Volunteer Liturgy Coordinator  
Jill Parry Schmidt..... Administrative Assistant  
Dcn. Yamato Icochea, PES..... RCIA Coordinator  
  
Nick Check.....Communications Director  
submissions@onestrongfamily.org

### Parish Contact

Phone (651) 645-5717  
Fax (651) 644-0011  
parishcenter@onestrongfamily.org

### Parish Center Hours

Monday - Thursday: 9:00 AM - 3:00 PM  
Friday: 9 AM - 12 PM (Noon)

### Parish Address

2001 Dayton Ave, St. Paul, MN 55104

### Parish Trustees:

Kip Chaffee, Andrew Nowak

### Parish Pastoral Council:

Alison Kaardal, Chair

### Parish Finance Committee:

Jim Wilgenbusch, Chair

### Saint Mark's Catholic Preschool

Mary Kay Rowan, Director  
651-644-5030  
preschool@onestrongfamily.org

## CELEBRATIONS

### Mass:

Saturday Evening Mass: 5 PM  
Sunday Mass: 9 AM and 11 AM.

### Daily Mass:

Monday:10 AM; Tuesday-Friday: 10 AM  
Saturday: 8 AM

### Confession:

Tuesday-Friday 9:30 AM; Thursday 7:00 PM; Saturday: 3:30-4:30 PM; Sunday: 8:30-9 AM, 10:30-11 AM

**Rosary:** Daily after 10 AM Mass (except funeral Masses)

**Divine Mercy Chaplet:** 3 PM daily in St. Mary's Adoration Chapel

## SACRAMENTS

Call the Parish Center to arrange **Baptisms, Baptism Preparation, and Marriage**. Marriage preparation must begin at least six months prior to your wedding date.  
Visit [onestrongfamily.org/sacraments](http://onestrongfamily.org/sacraments) to learn more.

*At the Church of Saint Mark, all are welcomed and encouraged to respond to the universal summons of the Gospel and to enter communion with God through Jesus Christ, in His Catholic Church. Nevertheless, because the Holy Eucharist is the real Body and Blood of Jesus Christ, the reception of Holy Communion is reserved to those Catholics who are in full moral and doctrinal communion with the Catholic Church, are not conscious of any grave unconfessed sin, and who have kept the Eucharistic fast of one hour. If you have a family member who is homebound and would like to receive weekly Communion, please contact the Parish Center.*

## PRO ECCLESIA SANCTA



The Church of Saint Mark is served by the priests, brothers, and sisters of Pro Ecclesia Sancta, which is an institute of consecrated life founded in Lima, Peru in 1992, whose members dedicate themselves to living and promoting the universal call to holiness in the Church. Their motto is *ad maximum trinitatis gloriam*. Everything "for the greatest glory of the Holy Trinity."

## CONNECT



Church of Saint Mark



@churchofsaintmark



@SaintMarkMN